



Development is fundamentally about \_\_\_\_\_.

SO How Do People Actually Change?

Lasting Change is impossible without the \_\_\_\_\_.  
\_\_\_\_\_ for change is central in the development process.

## STEPS OF CHANGE

1. Circumstances - create a need for change - Looking at your life
2. Trigger

3 Basic Triggers for Change:

1. Recent \_\_\_\_\_
  2. A \_\_\_\_\_ becoming so overwhelming that they want to pursue change
  3. The \_\_\_\_\_ to a new way of doing or seeing that could improve their lives, -- Maybe my life can be different
3. Reflect on your reality
  4. Act (Implement new decisions)

## CHANGE – Empowerment Process

### SUCCESS STORY:

1. Discover God-given abilities, potential, and dreams
2. Circle of Support provides the training, encouragement, and discipleship.
3. Putting Feet to the Hopes.

### How to Help:

1. Learn to listen to a person's need
2. Ask the right questions
3. Help them think more of themselves rather than less of themselves.

Materially poor people have a Lack of Access to \_\_\_\_\_.

What they Need: Teams of Support to walk \_\_\_\_\_.

- Help her to discover her gifts
- Develop her gifts
- So she doesn't have to keep asking for help.
- Walk with her in a relational way.

Most are funding a \_\_\_\_\_ approach when what we need is a \_\_\_\_\_ approach.

\_\_\_\_\_ with People most receptive to change.

Development can only occur with people who are \_\_\_\_\_.

